



Cancellation Policy

We do understand that it is sometimes necessary to cancel or reschedule appointments. Therefore, please notify us at least 48 hours before your scheduled time and we gladly reschedule your appointment.

Massage services:

If you cancel within 48 hours of your appointment time, you will be charged 50% of the full price for all scheduled services.

Cancellations less than 24 hours of the appointment time will be charged 100% of the service fee.

Rescheduling fee: For any rescheduling requests less than 48 hours of the scheduled appointment time we charge a \$20 rescheduling fee.

All fees will be charged to the credit card on file within 24 hours of the cancellation/reschedule. If no credit card is on file, the fee is due at the time of the next scheduled appointment. In case no appointment was scheduled we will send an invoice to the provided email address.

Breathwork services:

If you cancel within 24 hours of your appointment time, you will be charged 100% of the full price for all scheduled services.

Multiple sessions packages (Breath Coaching):

Individual sessions need to be rescheduled within 4 weeks after originally scheduled appointment. If this is not possible, a refund request for this particular session needs to be made immediately or forgo any possible refund.

Classes:

Please contact me at least 24 hours prior to the scheduled class and I will gladly reschedule you for the next available class. Cancellations less than 24 hours or no shows are non-refundable.

Note: if you are unable to make the class you also have the option to pass your spot on to a friend. I ask that you inform me about such transfer and provide contact information for the friend, colleague or family member.